



Our dear Fathers,

After kissing your hands and asking for your prayers.

In the midst of these challenging days with what the COVID-19 pandemic is inflicting on our country and Coptic churches, we as servants and healthcare professionals in CMANA would like to offer ourselves as a hand of help to the Church and our congregations.

We would like to announce several services starting as of this week. We pray that God may use these services for the comfort of His people. Please feel free to use and announce any of these services as you see fit.

1. CMANA COVID-19 hotline Telehealth service: 1-844-44-CMANA (1-844-442-26262) hotline will be staffed from 9AM- 9PM 7 days a week with CMANA volunteers to answer questions about COVID-19 and offer resources/medical advice. The hotline will not replace emergency medical services or the need for some to seek local medical help. The main benefit is to give answers to those who can safely stay at home to avoid risking contamination and infection. This also can be used as a tool for clergy with any questions.

Resources: www.CMANAmerica.org/covid19
Questions? covid19@cmanamerica.org

2. CMANA Mental Health support line and group: 1-844-44-CMANA (1-844-442-26262) This service is geared towards offering psychological and spiritual support to Coptic Healthcare providers, clergy and the congregation throughout these stressful times.

Resources: <http://cmanamerica.org/programs/mental-health/>
Questions? mentalhealth@cmanamerica.org

3. CMANA Weekly Spiritual Message: This message is a short weekly message that is released on the weekend. It is directed to our Healthcare providers, especially those on the frontlines, in hope to offer them some spiritual nourishment as they perform their critically needed duties.

4. CMANA Webinars: These webinars are arranged and announced ahead of time with different topics and speakers to address issues that are rising among our Healthcare providers and students during this COVID-19 epidemic.

5. CMANA Biomedical Team: currently they are working on multiple different fronts to secure supplies of masks and protective equipment for our healthcare providers who are in extreme need of these supplies.

In addition to these services, we are asking all of you as Fathers of the Church to let us know of any other areas that we can be of help with. We have many healthcare volunteers who have on their hearts to serve in this crisis and we would love to utilize them where the need is most.

Please keep our service in your prayers,

Hani Ashamalla, MD, FCCP
CMANA President